

all4one

heart spirit mind body

Women of All Ages: Join us for a 90-Day Journey to a New You!

We will meet together and learn how to bring the physical, emotional, mental, and spiritual parts of our lives into balance. The purpose? Renewal, Regeneration, and REWARD--and a great NEW YOU!

"Love the Lord your God with all your heart, soul, strength and mind...
and love others as yourself"
Luke 10:27

Meetings each **Wednesday night in May, June, and July** for accountability, special speakers, music, fun, book club highlights, and Fit-4-Life tips. Come see what we're all about on **May 5th** and bring a friend!

The All-4-One Team
Leatherwood Baptist Church
2709 Old Gadsden Hwy. Anniston

Call the church office at 256-236-1215 for more information



Heart



Soul



Mind



Body